

**DAKSHINA BHAJANA SAMPRADAAYA
PADDHATHI ATTAVANAI**
(By Achala Bhakthan)



PADDHATHI BHAJAN

Song/Japa :

**Raama Raama Raama Raama Raama Raama Raam
Raama Raama Raama Raama Raama Raama Raam**

(PUNDAREEKAMS)

1. INVOCATION:

Song :

**Hari Naaraayana Hari Naaraayana
OR
Pandu Ranga Vittale Hari Naaraayana
OR
Naaraayana Naaraayana Jai Jai Govinda Hare
OR
Jai Jai Raam Krishna Hari Jai Jai Raam Krishna Hari**

2. AVATHAARIKA SLOKAMS:

Sloakams :

**Shukla Ambaradharam Vishnum
Shree Kantho Maathulo Yesya
Bhagavan Naama Saamraajya
Ise Thasyacha Naamani Pravimalam....
Bhagavan Naama Bodhendra
Naama Saamraajya Roopaanaam**

Prahlaada Naarada Paraasara
Harer Naamaiva Naamaiva Naamaiva Mama Jeevanam ,,,,
Visrujja Lajjam Yo adheethe
Vishnor Gaanancha Nrutthamcha
Kaalakshepo Na Karthavya
Naaham Vasaami Vaikunte
Kalow Kalmasha Chitthanaam
Dhyayan Kruthe Yajan Yagnaihi.....
Naamno asthi yaavathee sakthi:.....
Harirharathi paapaani.....
Aalodya Sarva Saasthraani Vicharyacha
Vaidhehi Sahitham Sumadhru Madhale
Kasthoori Thilakam Lalaada Palake
Krishnam Karothu Kalyaanam.....
Sivam Sivakaram Saantham
Sarva Mangala Maangalye
Paandyesa Vamsa Thilakam
Sree Sesha Sails Sunikethana Divya Moorthi
Samacharana Sarojam
Bhudhir Bhalam Yaso Dhairyam
Dhoorekrutha Seetharthi
Sree Seetha Lakshmana Bharatha Sathrugna Hanumat

Sametha

Sree Ramachandra Parabrahmane Namah,
Shree Radha Rukmini Satya Bhama Sametha
Sree Gopaalakrishna Parabrahmane Namaha,
Swasti: Asthu - Samastha Sanmangalaani Sandhu -
Lokaa: Samastha: Sukhino Bhavanthoo
Haraye Namah: Haraye Namah: Haraye Namah

(Sarvathra Govindha Naama Sankeerthanam : "Govinda, Govinda")

2. THODAYA MANGALAM:

(Sing atleast Pallavi, first Charanam and Last Charanam for shortening)

Songs : Mooshika Vaahana Modaka Hastha(Naattai)

Jaya Jaanakee Ramana(Naattai)

Mandara Moole Madanaabhi Raamam ,,,, (Vachaspathi)

Saranu Saranu Surendra Sannutha(Aarabi)

Murahara Nagadhara Mukunda(Madhyamaavathi)

Devesa Gana Aaradhitha(Saveri)

Maadhava Bhavathuthe Mangalam (Mangala Koushikam)

(Govindha Naama Sankeerthanam: "Govinda, Govinda")

3 GURU KEERTHANAMS:

(For Poorna Ashtapathi and Uncha Vrutthi, Dhakshinaa Murthy, Sankaraachaarya, Bodhendral, Sridhara Ayyavaal, Maruthdanallur] Sadguru Swamigal, Dhatthathreya etc. are to be sung.) For Saturday Bhajans, Keerthanams and Namaavalis on Bodhendral, Sridhara Ayyavaal, Marudanallur Sadguru Swamigal must be sung. (Time permitting, Gnanaananda, Gopaalakrishna Bhagavatha Swami, Raghavendra and other guru keerthanams that are given in the books may be sung. For Nithya Bhajans, any one Guru Keerthanam will suffice, due to time constraint. However, These Guru Keerthans are Keerthans on the Gurus and not composed by them.)

(Ideal way is to chant all poorva slokaas of Bodhendral, Ayyavaal, Sadguru Swamigal and then sing any Guru Keerthan.) (Guru Mouli Mane covers all the three).

(Each Saturday, one song & one Naamaavali on any Guru in rotation. But my appeal is please sing all Charanams of all Keerthanaas and particularly the last Mudra Charanam in the whole Paddhati Bhajan.)

4. JAYA DEVA ASHTAPADI:

(While doing full Ashtapadi Krama, chant the first 3 Slokaas and after chanting the sloka: "Sree Gopaala Vilaasini" in Poorvi Kalyaani Raaga, sing the Song on Jaya Deva Swami::

"PADMAAVATHI RAMANAM JAYADEVA KAVIRAAJA"

and contionue with other slokaas.) (While starting with first Ashtapadi, chant all slokas given. On other days/Saturdays, take up the prescribed Ashtapadi for that week and chant only the Poorva Sloka of that Ashtapadi only.)

(One Ashtapadi followed by One Naamaavali on each Saturday). (It is adviseable to chant the Uttara Slokas also)

5. NAARAYANA THEERTHA THARANGAM:

Slokams : Yadangri Pangeruha.....

Yennaamna Pattanam

Song : (Each Saturday One Tharangini & one Naamaavali)

Saranam Bhava Karunaa nidhi (Sourashtram)

OR

Mangalaalaya Maamava Deva (Ketharagowlai)

Parana Jarybata Maam Paalaya	(Sourashtram)
OR	
Jaya Jaya Gokula Baala	(Kurunchi)
OR	
Ehimudam Dehi Sri Krishna Krishna	(Reethigowlai)
OR	
Krishnam Kalaya Sakhi Sundaram	(Mukhari)
OR	
Maadhava Maamava Deva	(Neelaambhari)

OTHER SASAR KEERTHANAMS:

~~~~ According to time availability, sing each or any of the following Daasar Keerthanams or atleast One keerthan & one namaavali on one Daasar on each Saturday in turn & for others, go with only Pundareekams).

#### 6. BHADRACHALA RAAMA DAASAR:

#### 7. PURANDARA DAASAR:

#### 8. SADAASIVA BRAHMENDRAL

#### 9. GOPAALAKRISHNA BHAARATHI

#### 10. THYAeeGARAAJAR

(Time permitting, Songs on Kabeerdas, Meerabai, Uthukkadu Venatasubbayaa, Kanakadasar etc. may be taken up). (Followers of Gopalakrishna Bhagavatha Sampradaaya, normally take up Slokam, Keerthan and a Naamaavali on him, if not already sung in Guru Dhyaanam).

#### 11. POOJOPACHAARAMS:

Songs : **Aayaahi Maadhava Maadhava .....**(Kaambodhi)

**Baaro Muraare Baalaka Sowre....**(Bhihaag)

**Saranaagatha Vatsala .....**(Sankaraabharanam)

**Yehi thaa thaa .....** (Naada Naamakriya)

(Sing important stanzaas only)

**Jaya Jaya Devaadi Deva Vibho...(Madhyamaavathi)**

**Prarthana Abhangam (time permitting)**

**Mangala Slokams ..... (Important slokas only)**

**Slokams :**

**Kattiya Vachanam..... (Important Vachanams only)**

**Panchaadhi slokams... (Short)**

**Manthra Pushpam .....**

**Chathurveda Paaraayanam**

**Swasthi Vaachakam**

## **12. UPACHAARA KEERTHANAM:**

**Song : Upachaaramulanu .....(Bhairavi)**

**(Sing all stanzaas elaborately)**

**Praarthana Slokaas: "Thuppudai yaarai",**

**"Krishna Twateeya"**

**"Anaayaasena Maranam"**

**"Satyameva Hariroopamu"**

**"Khandalu Agni Devikun"**

**Namavali:**

**Sreekrishna Chaitanya Prabhu**

**OR**

**Sreekrishna Govinda Hare Murare**

**OR**

**Hari Bhajanam Hari Bhajanam**

**OR**

**Bhaja Govindam Bhaja Govindam**

## **11. DHYAANAMS:**

**(In the normal course time permitting, One sloka, One Keerthan and One Naamaavali in each God is to be sung in the order given below, as per pracheena sampradaaya. However, if time is short, atleast One Naamaavali on each God may be sung. Still, if time is short, sing upto Ambaal and take one Naamaavali on all Gods together. (Pundareekams on all gods will be the best method instead of a single Naamaavali, which is**

normally not correct)..

GANAPATHI  
SARASWATHI  
MURUGAN  
AYYAPPAN,  
SIVAN  
AMBAAL  
LAKSHMI NARASIMHAN  
RAAMAN,  
KRISHNAN,  
VENKATACHALAPATHI,  
MAHALAKSHMI,  
VITTALA,  
AANJANEYA.

(Tamil Nadu side Bhakthaas do not normally sing in Ayyappa. However, Now-a-days they have also added Ayyappa in the Padhathi but at the end before anjaneya.)

(If not followed by Deepa Pradakshinam, then continue with the following. Otherwise, go to Deepa Pradakshinam Section..

## 12. MANGALAM:

**Song** : Pavamaana Suthudu Bhattu .....

**Slokas** : Nithyotsavo Bhaveth Theshaam .....

(PUNDAREEKAMS

; SHUBHAM ;

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